



Annual report **2007**
At the heart of sexual health

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“I am very proud to be the new Chief Executive of **fpa**. In the coming year I will be working with the trustees and staff to develop our five year strategic plan to ensure that



fpa continues as the leader in sexual health. Advocating people’s sexual health rights and providing cutting-edge, relevant and accessible information and education to people across the UK remains my top priority.”

Julie Bentley, new Chief Executive, fpa

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The Family Planning Association is a registered charity, number 250187, and a limited liability company registered in England, number 887632.

Printed by www.mccorquodale.co.uk
Photos on pages 6, 11 and 12 from
www.johnbirdsall.co.uk
Photo on page 20 from Bertrams
Library photos posed by models.

Foreword

Ian Plaistowe,
Chair of fpa,
reflects on a year
of change and
looks forward to
the challenges
ahead



Education and information is pivotal to **fpa**'s work as the leading sexual health charity in the UK. It underpins everything that we do. The thousands of calls to our helpline each year, the rich diversity of community projects that we run and the publications that we produce are all aimed at informing people about their sexual health and answering the questions that they have.

During 2007, we set up new projects working with young people in Scotland and England, extended our work with parents in Wales and built on our inspirational work with people with learning disabilities in Northern Ireland.

Campaigning for statutory sex and relationships education in schools and improved sexual health services are critical to our work. We have spent much of 2007 preparing for the review of the 1967 Abortion Act which celebrated its 40th anniversary. We submitted oral and written evidence to the House of Commons Science and Technology Committee, lobbied MPs and drew up battle plans to improve women's access to abortion in 2008.

A significant change that happened during 2007 was the retirement of Anne Weyman who led the organisation for 11 years. I'm delighted to say that we've found a dynamic replacement for Anne in Julie Bentley, who joins us from the personal safety charity, Suzy Lamplugh Trust, where she was Chief Executive for four years.

Read Julie's profile – The quick interview – at www.fpa.org.uk.

Anne's inspirational vision coupled with determination to see ideas become reality, led to **fpa**'s reputation as a powerful advocate of good sexual health for everyone. We will miss her enormously. I'm glad to say that Anne will continue to be active in the field of sexual health as she is continuing with her role as Vice Chair of the Independent Advisory Group on Sexual Health and as Chair for the National Institute of Clinical Excellence on Personal, Social and Health Education.

I would also like to thank Toni Belfield, Director of Information, who retired during the year. She established a great reputation in her field and worked for **fpa** for over 30 years – a fantastic achievement.

Lastly, I am delighted to announce several new members of the National Executive Committee – Jane Cooke, Jennifer Gerber, Moira Swann, Tracey Marshall, Victoria Roberts, Dr Alison Bigrigg as our Scottish Representative and Dr Ushan Andrady as our Welsh representative. I extend a warm welcome to them all and look forward to their contributions.

Campaigns and events

Raising the profile of sexual health

fpa celebrates 40 years of legal, safe abortion since the 1967 Abortion Act in Great Britain

This year **fpa** lobbied MPs to defeat two anti-abortion Private Member's Bills. Working with MPs across the political spectrum, **fpa** also made the case for defending and modernising the abortion law when it passes through the Commons in summer 2008.

As part of the Government preparation for the Bill, the House of Commons Science and Technology Committee investigated the scientific evidence regarding abortion. **fpa** provided written and oral evidence vigorously defending women's rights and proposing arguments for improvements in service provision. We welcomed the final Committee's report during 2007 which included many pro-choice recommendations. In preparation for the debate on the Human Fertilisation and Embryology Bill **fpa** started extensive lobbying of MPs to protect the time limit and to improve abortion services.

Photo: Justin Norry



Dominic Bascombe accepting the Rosemary Goodchild Award on behalf of Trudy Simpson of The Voice newspaper

Contraceptive Awareness Week 2007 – Reproduction: a quick guide to your body

Most people don't know the basics about how the reproductive system works. This campaign exposed some common myths and set out the facts. Our website featured a quiz, a myspace page and our innovative poster taking a humorous look at the body. This provocative campaign caught the media attention, and was featured in national newspapers such as the *Guardian* and the *Daily Telegraph*, and broadcast on Channel 5 News and many radio stations.

During Contraceptive Awareness Week 2007 fpa:

- ▶ had a media audience reach of 35 million
- ▶ ran a month long advert on the Pharmacy Channel.

Sexual Health Week 2007 – Pillow Talk

Helping people overcome their embarrassment when talking about using condoms was the focus of the 2007 Sexual Health Week. **fpa** delivered a national poster campaign called Pillow Talk. We received widespread coverage from *BBC One O'Clock News*, *Channel 5 News* and *Radio 4's Today* programme.

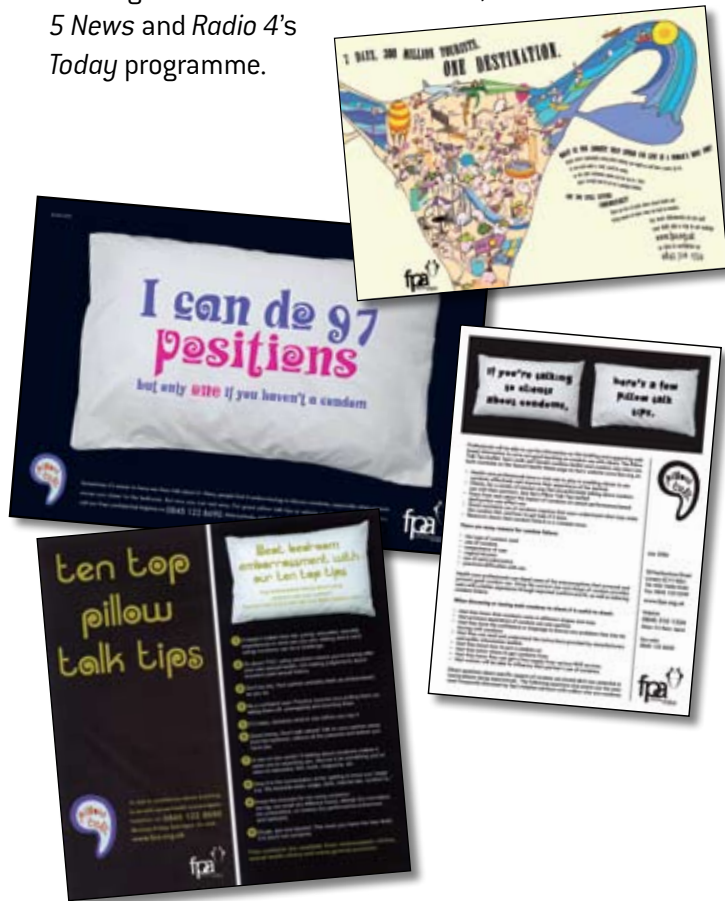


Photo: Justin Norry



Fundraising dinner success

Hundreds of guests were entertained during a lively evening at Lincoln's Inn Fields and helped raise around £30,000 for **fpa**. Auctioneer Nicholas Bonham achieved a record amount by auctioning a range of exciting lots including a thrilling Ferrari race around Silverstone, a place in the 2008 Flora London Marathon and a portrait by the acclaimed artist Johnny Jonas. The *Financial Times* columnist Mrs Money Penny concluded the evening with a frank and entertaining speech.

A summer's evening at the House of Lords

More than 100 guests joined **fpa** in the House of Lords for the annual summer reception. It was also a chance to thank Anne Weyman OBE before she retired. Lord Hunt of Kingsheath and Baroness Gould paid tribute to Anne for her amazing contribution to **fpa** over the last 11 years.

During Sexual Health Week 2007 **fpa**:

- ▶ produced a new Tips leaflet on talking about condoms
- ▶ sent out six different posters
- ▶ reached a media audience of almost 55 million.

During 2007 **fpa**'s Press Office:

- ▶ answered almost 1,500 media enquiries on sexual health
- ▶ arranged almost 100 media interviews
- ▶ secured an audience of almost 500 million people.

Working across the countries

Sexual health across the UK

England

fpa carried out a piece of research for the homelessness charity Shelter looking at one of their projects working with vulnerable rough sleepers and sex workers in Leeds. This provided an excellent opportunity to learn more about the complex needs of a very vulnerable client group. It clearly showed that issues such as substance misuse, homelessness and social exclusion can have a significant impact on people's sexual health and that an integrated approach is often needed for work to be successful.

As experts in sexual health we are often asked our opinion by Government departments, such as the Department for Children, Schools and Families. We used these opportunities this year not only to share our



views, but to call for compulsory sex and relationships education and promote support for foster parents through programmes like Speakeasy.

Wales

The All Wales Sexual Health Network, run by **fpa** and the Welsh Centre for Health, on behalf of the Welsh Assembly, attracted over 100 delegates to its national conference held in Cardiff. Delegates discussed the health modernisation programme in Wales and used the day to share experiences and learn from each other, as the integration of contraceptive and genitourinary medicines services in Wales continues.

Thousands of copies of *interSEXion*, the Network's quarterly newsletter written and produced by **fpa**, were distributed to over 800 members throughout Wales in 2007.

To help establish a more robust and comprehensive set of services we responded to draft quality requirements for sexual health services, published by the Welsh Assembly Government.



Scotland

fpa in Scotland launched Sexability this year— our sex and relationships education programme for young people. It is funded by The Big Lottery Fund and provides

free sex and relationships workshops for young people in Glasgow and West Central Scotland.

The project equips young people with the communication skills, knowledge and confidence to make informed choices around their sexual health and personal and sexual relationships. The foundations for creative and original work are now firmly in place, so 2008 will see some exciting work from the Sexability team.

Speakeasy, **fpa**'s course for parents and carers is working in South Lanarkshire and Dumfries and Galloway encouraging different generations to learn together. A grandmother, mother and daughter from one family all attended one course together. In Speakeasy's first full year in Scotland 57 parents and 25 professionals have achieved accreditation.

Funding is always an issue for any charity. This year the Scottish Government changed its criteria for providing money for services. Sadly, after many years of giving confidential advice and information, **fpa**'s dedicated helpline in Scotland had to close in the summer.

Despite this, providing services and information to Scotland is still a top priority. After the closure we conducted a review identifying new opportunities to expand our work in Scotland and recruited a Programme Development Manager to take responsibility for this work.

“I can't believe the amount of STIs there are, I thought condoms were just for stopping babies! Glad I know now!”
[Kylea, 14, Sexability course]

fpa provided a response to *NHS Quality Improvement Scotland* – the draft standards for sexual health services and we were also part of a consultation exercise on the progress of *Respect and Responsibility: Strategy and Action Plan for Improving Sexual Health*.

Northern Ireland

Moving premises and producing two new groundbreaking resources has kept **fpa** in Northern Ireland busy this year.

Having produced *Out of the shadows* last year – a report on the sexual health and wellbeing of people with learning disabilities in Northern Ireland – we are now developing a unique and innovative CD ROM for people with learning disabilities about sexual health. Funded by statutory organisations and the Big Lottery Fund, the CD ROM is fully interactive and covers all aspects of sex and relationships. Especially designed for people with learning disabilities to use on their own or with support from a teacher, care worker, parent or carer, we expect this to meet a very real need for a marginalized group in society.

Why abortion? Understanding the reasons why women have abortions is a pro-choice DVD which we will be launching in 2008. Aimed at schools and community groups across the UK and Ireland, the DVD will become the springboard for stimulating discussion and debate about abortion.

Relocating offices to Shaftesbury Square has allowed us to become fully accessible to people with disabilities.



*fpa and young people celebrate the launch of **Out of the shadows** at Stormont*

Despite our hopes that the move would lead to a reduction in picketing, unfortunately people visiting our offices still encounter anti-choice activists outside the premises.

We continue to run the Northern Ireland helpline, counsel women and run a diverse range of community projects. Partnering with the Health Promotion Agency we deliver the Sexual Health Information contract, which includes the helpline and producing eight Northern Ireland factsheets.

Fighting for women's right to abortion in Northern Ireland

Abortion in Northern Ireland is only available in exceptional circumstances. **fpa** won a Judicial Review on appeal in 2004, ordering the publication of guidelines from the Department of Health, Social Services and Public Safety (DHSSPS) clarifying the circumstances under which abortion can take place. After a few years' wait, draft guidelines finally emerged.

Despite all the relevant organisations in Northern Ireland contributing to the draft, there have been a number of complications which has delayed publication. However, **fpa** has received written confirmation that the guidelines will be submitted to the Minister for review in May, and published by October 2008. Rest assured **fpa** will be lobbying the DHSSPS to radically improve women's access to abortion in Northern Ireland.

Plans for 2008

- ▶ Launch Speakeasy in Northern Ireland.
- ▶ Run a three year advocacy project on abortion with money from IPPF.
- ▶ Produce interactive CD ROM for people with learning disabilities.
- ▶ Launch pro-choice DVD.

Working with young people and their families

In the community

Country projects

fpa works with many marginalised groups across the UK. Many of the people that we see do not have the skills and information that they need to manage their own sexual health. These are the people that are most in need of our specialist support, and this is where most of our fundraising efforts are concentrated.

Our mission to improve the nation's sexual health includes working with vulnerable young people in isolated, rural communities in North Wales, and running Speakeasy groups for Muslim parents in partnership with a mosque in Newcastle.

We've launched several new projects this year including a new Life Skills project for young people in Hackney, London and our Sexability project in Scotland.



“I liked going through things about what your mates think about you and thinking about sex and stuff for yourself.” **[Jay, 16, Sexability course]**

Other projects such as Choices, which includes working with girls and young women in Northern Ireland, have grown and flourished, as has **fpa**'s Wise Boy Project for young men in Greenwich, London.

Latest project news

fpa has just won a funding bid with homelessness charities, including Centrepoin, to run sex and relationships education sessions with young people using Centrepoin's services in 2008.

Plans for 2008

- ▶ Develop the Sexability programme.
- ▶ Launch and develop **fpa**'s homelessness project.

Hackney Life Skills

Raising confidence and developing the life skills of young people living in London's inner city, are the key aims of the Life Skills project. **fpa** courses give young people the chance to speak candidly about issues in their own lives, for example 14 year olds in a session on managing difficult feelings talked reflectively on the impact of violence on the community. In other sessions young people with learning and physical disabilities have explored issues such as street safety and appropriate touch.

“We all worked together, really good and it was fun.”

[Angeliquea, 12, Life Skills course]

'Bout Ye

Throughout 2007 'Bout Ye has been delivering personal development sexual health programmes and accredited learning to boys and young men in Northern Ireland. The programme involves group workshops covering issues such as self esteem, sexuality, relationships and fatherhood.

“I learnt a lot out of today's session. I liked setting out the choices men and women have. I learnt a lot about the rights men have (or haven't!).”

[Colm, 14, 'Bout Ye course]

Just Ask

Working in Northern Ireland, the Just Ask project is a result of the *Out of the shadows* report highlighting the need for sexual health work with people with learning disabilities.

Just Ask helps people with learning disabilities of all ages develop sexual health knowledge and skills through workshops and one-to-one sessions.

“We haven't ever had this before. I'm happy someone is talking to me about it. I like the things we learn about friends and dating.”

[Millie, 18, Just Ask course]

Working with parents through Speakeasy

fpa's flagship project to equip parents and carers with the skills to talk to their children about sex and relationships and train professionals to run courses has had another successful year.



Not only does Speakeasy benefit parents and carers in the short term, but the knowledge and skills they have acquired stay with them years after they have completed the course. This was the conclusion announced by researchers from the Trust for the Study of Adolescence (TSA) who unveiled the results of a six year independent evaluation into Speakeasy at our national conference in Manchester.

Since 2002 Speakeasy has:

- ▶ empowered 7,000 parents/carers to talk about sex and relationships with their children
- ▶ trained 700 professionals to teach Speakeasy.

Evaluation shows:

- ▶ 95 per cent of parents/carers are now able to talk to their children openly about sex and relationships
- ▶ 96 per cent of parents/carers recognise opportunities to raise issues with their children.

We are tremendously proud of what we have achieved. In just five years Speakeasy has gone from being a small local workshop to a nationally recognised programme. Formal support networks for professionals delivering Speakeasy workshops are being established across the country and our international work is growing. Professionals in Dublin are now trained to deliver courses, building on similar work we did in Eastern Europe in 2006.

“Speakeasy has a widening impact; parents show increased communication with friends and family about sex and sexual relationships, children are beginning to increase in confidence and share information with their peers, parents’ confidence as learners has improved, and their interest in further education has developed.”

(Lester Coleman, lead of the evaluation team, TSA 2007)



Speakeasy in Wales

We work hard presenting an approachable, friendly face to local communities in South Wales. It is heartening to hear our groups telling us how just being on the course has prompted a barrage of interested questions, not just from their families but also from their children's friends.

In September, 24 parents from Wales received their accreditation awards at a ceremony at the Millennium Stadium, Wales.

“I’ve really enjoyed this course. Every week I get here and think, Yes! What are we going to talk about today?”

[Sian, parent on Speakeasy course]



Parents and head teacher of Jenner Park Primary School, Barry, South Wales

Plans for 2008

- ▶ Pilot a family learning Speakeasy programme with parents and children.
- ▶ Introduce Speakeasy into new areas in the UK.
- ▶ Launch a new Speakeasy book.

Improving the front line

Supporting professionals through training

Working across health, voluntary and public sectors, **fpa's** Training Department is recognised as the national leader in sexual health training. This year, many of the 35 professional trainers who work with **fpa** as associates, were trained in university accreditation systems adding immeasurably to an already highly skilled team.

After a high profile launch at the House of Lords our flagship course for 2007 – Core competencies in sexual health for youth workers – achieved amazing results in its first year. It was a sell out package with 100 per cent take up of the university accreditation. It is the only course of its kind that equips participants with theoretical and practical approaches to working with young people. So far, attendees have come from a range of backgrounds including teenage pregnancy workers, youth service managers, drug and alcohol workers, school nurses and education professionals. We have established five new accredited courses in partnership with the University of Staffordshire.



A team building exercise on the Core competencies training course

The training departments from **fpa** in England, Scotland and Wales have now merged to become one dynamic unit. That means people can continue to be assured of high quality training in their local area whatever part of the UK they live in.

“I’ll now be able to deliver group work towards young people more effectively.”

[Judy, teenage pregnancy adviser, Sexual health starts here course]

Strategies to prevent repeat pregnancies with very young mothers was the focus of a Promoting choices training roadshow funded by the Teenage Pregnancy Unit. The course has two parts – a one day course for health professionals such as midwives and health visitors and a two day course for any professional working with young parents around sexual health.

We also piloted some training around building young people's resilience in sexual health in Bolton and Portsmouth, and we hope to roll it out in 2008.

This year we began groundbreaking work with prison officers and inmates in Scottish prisons with a pilot scheme on improving levels of sexual health. This innovative work is due to be completed in the summer of 2008.

Plans for 2008

- ▶ Launch new course – Pornography and its impact on young people.
- ▶ Launch new course – Sexual exploitation of young people.
- ▶ Pilot resilience and sexual health work with young people.

In 2007 fpa:

- ▶ trained 1,500 people
- ▶ delivered 230 days of training
- ▶ ran 120 courses.

My top three courses of 2007, Claire Fanstone, fpa Training Manager

- ▶ **Core competencies in sexual health for youth workers:** this fills such a gap in terms of knowledge and awareness for many youth workers.
- ▶ **Liberating life choices:** the redesigned version of this highly popular introductory course for anyone working with people with learning disabilities is even better than before!
- ▶ **Training the trainers:** it's always great to get experienced trainers together for nine days and watch their amazing professional and creative development.



Getting the facts right

Delivering quality information

fpa's information services

Representing the public on professional boards like the Royal College of General Practitioners, producing fpa's huge range of sexual health booklets, updating online information and of course answering almost 60,000 enquiries a year are just some of the responsibilities of the Information Department. They ensure that fpa keeps ahead of all new developments in sexual health, whether that's academic research or services, and enable the public and professionals to have the most recent facts at their fingertips.

fpa's helpline

To ensure that fpa's confidential helpline is servicing the needs of the thousands of the members of the public and professionals who call us every year, we conducted a snapshot of the types of enquiries we have. We found that men and women of all ages and cultural backgrounds call the helpline for confidential information, advice and support. A vast range of issues are raised

– from “Do I need emergency contraception?” to “I'm worried about having anal sex.”

fpa's helpline snapshot

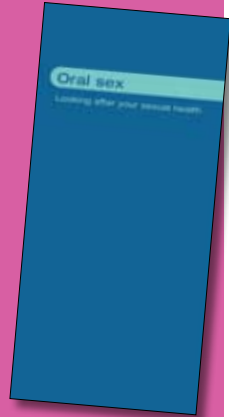
The oldest caller to fpa's helpline was 68 and the youngest 14. Of callers over 45, 42 per cent wanted information about sexually transmitted infections while 60 per cent of callers under the age of 20 wanted information about contraception and services. Callers to the helpline came from a wide range of black and minority ethnic communities in Britain showing that people from all backgrounds and cultures feel able to use the helpline and want sexual health information.

- ▶ 80 per cent of callers were women
- ▶ 20 per cent were men
- ▶ 30 per cent of all callers were from London
- ▶ 40 per cent of callers were aged 25–34
- ▶ 27 per cent were aged over 35.

Our top team of sexual health advisers completely revised *The frequently asked questions* (FAQs) and *Don't panic* sections on fpa's website in 2007. These sections reflect the most common helpline enquiries on contraception, sexually transmitted infections, pregnancy and abortion. As the internet is a growing source of sexual health information for the public, it's essential that fpa provides robust online information.

My top three booklets, Lynn Hearton, fpa's Helpline Manager

- ▶ **Your guide to contraception** – you can see at a glance exactly what and how many methods there are as well as how they work.
- ▶ **Oral sex** – this is fpa's first booklet specifically around sexual practice and behaviour. I like it because it's also outside of people's comfort zone which is never a bad thing!
- ▶ **Natural family planning** – this has the ability to *really* empower women who want to learn about their fertility. It also demonstrates how to achieve very efficient contraception without medical advice or control.



transmitted infections range was also redesigned this year giving it a fresh and modern look.



fpa's library

Our library is a magnificent resource for academics and professionals, stocking titles from a 1934 *Encyclopaedia of sexual knowledge* to medical journals like *Contraception*. It also produces fpa's factsheets answering some of the most commonly asked questions on sexual health. Redesigned this year, the new-look factsheets are also available online. They are updated regularly and include links to some of the key source documents referenced.

Also new on our website is the Bulletin board. New policy and guidance documents, and relevant statistics and research are highlighted as they happen, so users are always in the know.

Plans for 2008

- ▶ Pilot a web enquiry service.
- ▶ Expand the FAQs and Don't panic sections of the website.
- ▶ Develop internal information training packages.

New booklets in 2007

Pregnant and don't know what to do? has become one of the most popular booklets on our website this year. Our new booklet *Oral sex* is one of the few resources available on the risk of catching and passing on sexually transmitted infections through oral sex. Our sexually

Spotlight on the unplanned pregnancy counselling service in Northern Ireland

fpa's unplanned pregnancy counselling service is the only impartial and non-judgemental service available in Northern Ireland. Two centres in Belfast and Derry see about 500 women a year.

Service co-ordinator Heather tells us more.

“Because abortion in Northern Ireland is only available in exceptional circumstances women have to travel to England or overseas and pay to have an abortion. They are not entitled to an NHS abortion in Britain.

We see women from all faiths, cultures and social classes. They can self refer or their GP may send them. Because abortion is such a hidden subject here, some GPs are reluctant or even obstructive about giving information about our service or anything relating to abortion. Visitors to **fpa** also have to cross a line of people protesting against abortion which can be a frightening and intimidating experience.

Some women arrive feeling they have already made their decision, others need time and information to make a decision. For many this is their first opportunity to say how they feel. We reassure them that we're not here to pressure or persuade. Our role is to enable them to explore their feelings and support them to make the choice they feel is right for them.

If women do decide on abortion we'll talk through the clinic process, including practicalities such as clinic location and cost. Most women travel to England but some are now travelling to the Netherlands.

We also provide a post abortion counselling service. Women use this service at different points in their lives, sometimes they come quite soon after their abortion, or it can be months or years later.

Unplanned pregnancy can be a very isolating and confusing time for any woman but there are many added difficulties for Northern Irish women. I'm very proud of the team and the work we do here. For many women it can be the only time they find someone in a crisis who's independent but completely on their side.”



fpa membership

Enjoy all the benefits

Become an **fpa** member and obtain discounts on training courses and on all our publications. Choose from three packages – *Individual*; *School* (including universities, colleges and youth organisations) and *Organisation*.

On joining you will receive over 30 booklets including our full range of young people's booklets plus booklets on contraception and sexually transmitted infections and a complete set of all our factsheets.

You'll also receive our quarterly newsletters *In brief* and *Sex talk*.



Membership is a must for health professionals working in general practice, contraception clinics, walk in centres, sexual health, pharmacies, genitourinary medicine, health promotion, and school, education and youth settings.

“We benefit greatly from **fpa** membership with all the fantastic discounts we receive.”

(Monica, Nottingham Children's Services)

In 2007 we approved 162 new applications for membership:

- ▶ 74 individual
- ▶ 49 organisational
- ▶ 39 school.

And we currently have three Pamela Sheridan Award winners enjoying free five year memberships too.

fpa benefactors

Just committing £10 a month means you can become a benefactor of **fpa**. You will be updated about our work, sent copies of all our new publications and you will be a VIP guest at special **fpa** events.

Donations to fpa

We have gratefully received a number of one off donations throughout 2007 from generous supporters of **fpa**. Thank you to everyone who has donated.

Sex online

www.fpa.org.uk

Everything you need to know

fpa's website has gone from strength to strength after its re-launch in January 2007. With over 220,000 distinct visits a month, the website is a valuable source of information to the public and professionals alike. The clear structure makes it easy to quickly find what you are looking for and the up-to-date content means visitors keep returning.

In 2008, look out for:

- ▶ fpa's campaigns
- ▶ updated information on sexually transmitted infections and contraceptive methods
- ▶ more information on our work with young people in the community
- ▶ the latest news in our Sexual health bulletin board.

Our most popular pages in 2007

- ▶ our abortion information pages
- ▶ the clinic finder.

My favourite web pages, Gill Kirby, fpa Publications Manager

- **Campaigns pages** – the quizzes and downloadable posters make them very visual.
- **Find a clinic service** – it's so easy for visitors to get a list of local sexual health services this way.
- **Information home page** – the gateway page to our information on contraceptive methods, sexually transmitted infections, pregnancy choices and planning a pregnancy means visitors can find what they want quickly and easily.



fpa sales

The service you need

fpa's sales division has now moved to the UK's leading book wholesaler Bertrams. This means all your sexual health resources including booklets, DVDs and books will arrive through a speedy delivery network. But do be assured that because we value our customer relationships, whenever you phone with an order you will still always speak to a dedicated **fpa** staff member of our sales team.



The warehouse at Bertrams

How to order

You can submit your order:

- ▶ By email: fpadirect@fpa.org.uk.
- ▶ By post: **fpa**, 50 Featherstone Street, London EC1Y 8QU.
- ▶ By fax: 0845 123 2349.



Accountability

The Family Planning Association

Summary statement of financial activities

For the year ended 31 March 2007

	2007 Unrestricted funds £	2006 Unrestricted funds £	2007 Restricted funds £	2006 Restricted funds £	2007 Total £	2006 Total £
Income and expenditure						
Incoming resources						
Incoming resources from generated funds						
Voluntary income	49,715	118,453	-	-	49,715	118,453
Activities for generating funds	54,535	92,245	-	-	54,535	92,245
Investment income	78,269	241,902	1,375	1,117	79,644	243,019
	182,519	452,600	1,375	1,117	183,894	453,717
Incoming resources from charitable activities						
Grants, projects and contracts	321,737	321,575	2,095,075	2,015,441	2,416,812	2,337,016
Publications and training income	903,512	1,138,885	-	-	903,512	1,138,885
Total incoming resources	1,407,768	1,913,060	2,096,450	2,016,558	3,504,218	3,929,618
Resources expended						
Cost of generating funds	29,973	50,125	-	-	29,973	50,125
Charitable expenditure						
Grants, projects and contracts	321,737	321,575	2,082,333	1,943,231	2,404,070	2,264,806
Publications and training costs	1,090,732	1,496,847	-	-	1,090,732	1,496,847
Governance costs	62,755	79,046	-	-	62,755	79,046
Total resources expended	1,505,197	1,947,593	2,082,333	1,943,231	3,587,530	3,890,824
Net (outgoing)/incoming resources before exceptional costs and other recognised gains	(97,429)	(34,533)	14,117	73,327	(83,312)	38,794
Exceptional costs relating to head office move	(111,484)	(44,445)	-	-	(111,484)	(44,445)
Realised actuarial gain on pension scheme	651,000	160,000	-	-	651,000	160,000
Unrealised gain on property revaluation	307,002	-	-	-	307,002	-
Net increase in funds	749,089	81,022	14,117	73,327	763,206	154,349

A copy of the Family Planning Association's full audited accounts is available from the registered office.

The Family Planning Association

Balance sheet at 31 March 2007

	2007	2007	2006	2006
	£	£	£	£
Fixed assets				
Tangible fixed assets	273,897		266,356	
Investment property	52,500		52,500	
		326,397		318,856
Current assets				
Freehold land and buildings for resale	520,000		-	
Stocks	173,855		245,781	
Debtors	678,098		721,605	
Cash at bank and in hand	46,259		170,353	
	1,418,212		1,137,739	
Creditors: amounts falling due within				
one year	(605,364)		(429,556)	
Net current assets		812,848		708,183
		1,139,245		1,027,039
Long term liabilities				
Defined benefit scheme deficit		(601,000)		(1,252,000)
		538,245		(224,961)
Income funds				
Restricted funds		213,899		199,782
Unrestricted funds:				
Revaluation reserve	479,901		172,899	
Other charitable funds	445,445		654,358	
Unrealised deficit				
Defined benefit scheme deficit	(601,000)		(1,252,000)	
		324,346		(424,743)
		538,245		(224,961)

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