

Complete list of lesson plans in the updated resource

Module one (Key stage 1)

Introducing Yasmine and Tom

Friendships and feelings

Different families

My brilliant body

Keeping clean and taking care of myself

Naming body parts

Keeping safe

Module two (Lower key stage 2)

Introducing Yasmine and Tom

Gender stereotypes and aspirations

Me, myself and I

What makes a good friend?

Families and getting on with our families

My personal and private body parts and keeping safe

Body care

Is it risky?

People who can help us on and offline

Module 3 (Upper key stage 2)

Introducing Yasmine and Tom

On and offline friendships

Friendships and secrets

Friendships and pressure

Keeping safe – safe and unsafe touch

Keeping safe – online images

Changes at puberty

Periods (menstruation)

Wet dreams and masturbation

Making babies – sexual intercourse

Making babies – assisted fertility and multiple births

Making babies – pregnancy and birth

Identity and prejudice

Equality and the law

Getting help