

FINAL ASSESSMENT

If you have completed the **5 lesson bundle**, have a go at thinking about them all as a learning journey and complete the table below.

Film & Lesson	Before the Lesson I thought/ I knew/ I could/ I believed...	The expected learning outcomes	After the Lesson I think/ I know/ I can/ I believe
Penis Pressure		<ul style="list-style-type: none"> Describe the features of penile health and the hygiene practices that support this. Describe or demonstrate safe use of a condom. Analyse why someone may experience 'performance pressure'. 	
Vulval Vexations		<ul style="list-style-type: none"> Explain the difference between the vulva and vagina. Describe the normal variations of vulvas and vaginal discharge. Describe the pressures that a person might experience to remove pubic hair. Explain when a person may need to seek support about vulval health. 	
Period Dramas		<ul style="list-style-type: none"> Explain what a period is. Evaluate a range of factors that affect choices about which menstrual wellbeing products a person might choose to use. 	

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Sexual Health Check		<ul style="list-style-type: none"> Describe what happens during a visit to a sexual health clinic for a check, and when it is advisable to do this. Name some common STIs that are checked for in a sexual health check and describe how these are checked for. Describe how some STIs are treated, including HIV. 	
Sex Script: Consent		<ul style="list-style-type: none"> Explain what sexual consent is. Identify when consent has been given, not given or withdrawn. Identify when a person may need to seek support. 	

Your comments and thoughts about the whole 'Fundamentals' course:

Thank you and a huge well done for completing the course!