

LESSON 2

CONTRACEPTION CHOICES:
MAKING THE CHOICE



YOU
BEFORE
TWO

Resource 2: Barrier cards

"I'm embarrassed to go to the sexual health clinic. I feel weird talking to an adult about sex and I don't know what I'd say to the nurse or doctor."

"I don't know what to expect and I'm a bit nervous about sitting in the waiting room alone."

"I was thinking about bringing my mum to help me answer any medical questions, but I don't know whether to tell her I'm going."

"I don't want anyone else to know I've been to the clinic... Will they tell anyone?"

"I want to go with my girlfriend to talk to someone about contraceptives before we have sex, but I don't know where to go..."

"So I had sex with my partner a few days ago after a party. We were pretty drunk so I can't remember if we used a condom... I'm worried the nurse is going to judge me."

"I've been taking my pill as normal but I'm ill and have been sick a few times recently... I don't know if it'll be okay or if I need to do something about it?"

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"I've been taking my pill as normal but I've been pretty ill, I've been sick a few times... I don't know if it'll be okay or if I need to do something about it?"