

Changes to the current lesson plans and activities

Lesson plans have been revised and updated in line with new guidance. Details of the new guidance can be located in the Essential Guide for Teachers contained within Yasmine and Tom, Version 2.

Growing up with
Yasmine and Tom



Module one (Key stage 1)

Version 1	Version 2	Parental right to withdraw
Growing up with Yasmine and Tom Version 1 Introducing Yasmine and Tom	EXPANDED Now covers introducing the characters AND gender stereotypes: Lesson 1	No
My body: External body parts	UPDATED AND EXPANDED Now called Naming Body Parts and includes naming private parts: Lesson 6	No
My body: Internal body parts	REMOVED	
My body: Keeping clean	UPDATED AND EXPANDED Now called Keeping Clean and Taking Care of Myself: Lesson 5	No
Life cycles: Different ages	REMOVED	
Life cycles: Looking after babies	REMOVED	
Keeping safe: In the house	REMOVED	
Keeping safe: Out and about	COMBINED into one NEW Keeping Safe lesson including Out and About, People Who Can Help Me and Taking Care Online: Lesson 7	No
Keeping safe: People who can help me	COMBINED into one NEW Keeping Safe lesson including Out and About, People Who Can Help Me and Taking Care Online: Lesson 7	No
Feelings: Different emotions	REMOVED	
Feelings: What to do if we feel sad	COMBINED into one NEW Friendship and Feelings lesson including Relationships: Friends and Feelings: What to do if we feel sad: Lesson 2	No
Relationships: Different families	UPDATED LESSON PLAN: Lesson 3	No
Relationships: Friends	COMBINED into one NEW Friendship and Feelings lesson including Relationships: Friends and Feelings: What to do if we feel sad: Lesson 2	No

Growing up with Yasmine and Tom



Module one (Key stage 1)

Online technology safety: Taking care online	COMBINED into one NEW Keeping Safe lesson including Out and About, People Who Can Help Me and Taking Care Online: Lesson 7	No
Online technology safety: Who can help us?	REMOVED	
Gender stereotypes: Similar and different	COMBINED with NEW Introducing Yasmine and Tom lesson: Lesson 1	No
Gender stereotypes: Toys	REMOVED	
NEW		
My Brilliant Body	NEW LESSON A brand new lesson, covering different bodies and positive body image: Lesson 4	No

Growing up with Yasmine and Tom



Module two (Lower key stage 2)

Version 1	Version 2	Parental right to withdraw
Growing up with Yasmine and Tom Version 1 Introducing Yasmine and Tom	EXPANDED Now covers introducing the characters AND how to safely discuss bodies and relationships: Lesson 1	No
My body: Sexual body parts - male	REPLACED with NEW lesson: My personal and private body parts and keeping safe: Lesson 6	No
My body: Sexual body parts - female	REPLACED with NEW lesson: My personal and private body parts and keeping safe: Lesson 6	No
My body: Keeping clean	UPDATED and EXPANDED into NEW Body care lesson: Lesson 7	No
Life cycles: Growing up and getting older	REMOVED	
Life cycles: Me, myself and I	UPDATED LESSON PLAN: Lesson 3	No
Keeping safe: Personal space	COMBINED into one NEW lesson: My personal and private body parts and keeping safe: Lesson 6	No
Keeping safe: Identifying risk	UPDATED and EXPANDED into NEW Is it Risky? lesson: Lesson 8	No
Keeping safe: People who can help me	COMBINED into one NEW lesson: People who can help us on and offline: Lesson 9	No
Feelings: Expressing our feelings	REMOVED	
Feelings: Managing our feelings	REMOVED	
Relationships: What makes a good friend?	UPDATED LESSON PLAN: Lesson 4	No
Relationships: Getting on with your family	UPDATED AND EXPANDED into NEW lesson Families and getting on with our families: Lesson 5	No
Online technology safety: Photos of myself online	REMOVED	
Online technology safety: Taking care online: Who can help us?	COMBINED into one NEW lesson: People who can help us on and offline: Lesson 9	No
Gender stereotypes/Celebrating difference: Jobs we do	UPDATED AND EXPANDED into NEW lesson Gender stereotypes and aspirations: Lesson 2	No
Gender stereotypes/Celebrating difference: Mothers and fathers	REMOVED	

Growing up with Yasmine and Tom



Module three (Upper key stage 2)

Version 1	Version 2	Parental right to withdraw
Growing up with Yasmine and Tom Version 1 Introducing Yasmine and Tom	EXPANDED Now covers introducing the characters AND things that change as you get older: Lesson 1	No
My body: Puberty	UPDATED LESSON PLAN - now called Changes at puberty: Lesson 7	No
My body: Periods	UPDATED LESSON PLAN - now called Periods (menstruation): Lesson 8	No
My body: Wet dreams	UPDATED LESSON PLAN - now called Wet dreams and masturbation: Lesson 9	Yes
Life cycles: How babies are made – sexual intercourse	UPDATED LESSON PLAN - now called Making babies - Sexual intercourse: Lesson 10	Yes
Life cycles: How babies are made – assisted fertility	COMBINED into NEW lesson: Making babies - Assisted fertility and multiple births: Lesson 11	Yes
Life cycles: Multiple births	COMBINED into NEW lesson: Making babies - Assisted fertility and multiple births: Lesson 11	Yes
Life cycles: How babies are born	UPDATED and EXPANDED LESSON PLAN - now called Making babies - Pregnancy and birth: Lesson 12	Yes
Keeping safe: Assertiveness, saying no	COMBINED into NEW lesson: Friendships and pressure: Lesson 4	No
Keeping safe: Good and bad touch	UPDATED LESSON PLAN - now called Keeping safe - Safe and unsafe touch: Lesson 5	No
Keeping safe: People who can help me	UPDATED LESSON PLAN - now called Getting help: Lesson 15	No
Feelings: How easy is it to talk about...	REMOVED	
Feelings: Talking to people about how we feel	REMOVED	
Relationships: Trust	UPDATED and EXPANDED LESSON PLAN - now called Friendships and secrets: Lesson 3	No
Relationships: Peer pressure	COMBINED into NEW lesson: Friendships and pressure: Lesson 4	No

Growing up with Yasmine and Tom



Module three (Upper key stage 2)

Online technology safety: Social networking and sending pictures	UPDATED and EXPANDED LESSON PLAN - now called Keeping safe - Online images: Lesson 6	No
Online technology safety: Cyberbullying	UPDATED and EXPANDED LESSON PLAN - now called On and offline friendships: Lesson 2	No
Gender stereotypes: Sexual orientation	UPDATED and EXPANDED LESSON PLAN - now called Identity and Prejudice: Lesson 13	No
Gender stereotypes: Discrimination and equal opportunities	UPDATED and EXPANDED LESSON PLAN - now called Equality and the law: Lesson 14	No

Complete list of lesson plans in the updated resource

Module one (Key stage 1)

Introducing Yasmine and Tom

Friendships and feelings

Different families

My brilliant body

Keeping clean and taking care of myself

Naming body parts

Keeping safe

Module two (Lower key stage 2)

Introducing Yasmine and Tom

Gender stereotypes and aspirations

Me, myself and I

What makes a good friend?

Families and getting on with our families

My personal and private body parts and keeping safe

Body care

Is it risky?

People who can help us on and offline

Module 3 (Upper key stage 2)

Introducing Yasmine and Tom

On and offline friendships

Friendships and secrets

Friendships and pressure

Keeping safe – safe and unsafe touch

Keeping safe – online images

Changes at puberty

Periods (menstruation)

Wet dreams and masturbation

Making babies – sexual intercourse

Making babies – assisted fertility and multiple births

Making babies – pregnancy and birth

Identity and prejudice

Equality and the law

Getting help