

- Prepare one set of the below character quotes by cutting out the quotes
- Then place each quote on a different table around the classroom

A) Me and my girlfriend have been messaging loads. I think she's hinting at having sex this weekend, but I won't have a chance to go to the sexual health clinic before then. I don't know if she's had an STI check or whether she's using any other contraception either.

B) I'm taking medication for epilepsy which means I can't use hormonal contraception. What could I use instead?

C) I'm scared of needles, I try my best if I really need to have an injection, but if I could have a form of contraception that meant I didn't need to do that, I'd prefer it.

D) If I'm really honest, I've got loads of stuff going on so I don't think I'm going to do very well remembering to take a pill every day or remembering to go to more than one appointment in a year.

E) Now that I've got a career that's going well, I'd like a contraceptive that I don't have to think about too much when I'm busy. But, I know I want to start a family one day, so I'd like a contraception that's easy to stop using.

F) My periods are really heavy and painful, I'm not currently having sex, but if something could help with that, it'd be amazing.

G) I'd like a contraceptive that doesn't affect my weight too much, plus I've heard I probably should avoid some contraceptives until I'm 18?

H) I live miles away from the nearest sexual health clinic, so I'd like to use something that means I don't need to go there too often.
