

Lesson 1: Penis pressure

Before the lesson	Intended learning outcomes	After the lesson
- Before the lesson, I thought... - Before the lesson, I knew... - Before the lesson, I believed...	We will be able to: - Describe features of penile health and the hygiene practices that support this - Describe or demonstrate safe use of a condom - Analyse why someone may experience 'performance pressure' and explain how this may affect them	- After the lesson, I think... - After the lesson, I know... - After the lesson, I believe...

Lesson 2: Vulval vexations

Before the lesson	Intended learning outcomes	After the lesson
- Before the lesson, I thought... - Before the lesson, I knew... - Before the lesson, I believed...	We will be able to: - Explain the difference between the vulva and vagina - Describe the normal variations of vulvas - Describe vaginal discharge - Describe the pressures that a person might experience to alter the appearance of the vulva through hair removal - Explain when a person may need to seek support about vulval health	- After the lesson, I think... - After the lesson, I know... - After the lesson, I believe...

Lesson 3: Period dramas

Before the lesson	Intended learning outcomes	After the lesson
- Before the lesson, I thought... - Before the lesson, I knew... - Before the lesson, I believed...	We will be able to: - Explain what a period is - Evaluate a range of factors that affect choices about which menstrual products a person might choose to use	- After the lesson, I think... - After the lesson, I know... - After the lesson, I believe...

Lesson 4: Sexual health check

Before the lesson	Intended learning outcomes	After the lesson
- Before the lesson, I thought... - Before the lesson, I knew... - Before the lesson, I believed...	We will be able to: - Describe what happens during a check-up at a sexual health clinic - Know when it is advisable to get a check - Name some common STIs that are tested for in a sexual health check and describe how these STIs are checked for - Describe how some STIs are treated, including HIV	- After the lesson, I think... - After the lesson, I know... - After the lesson, I believe...

Lesson 5: Consent

Before the lesson	Intended learning outcomes	After the lesson
Before the lesson, I thought...	We will be able to: - Explain what sexual consent is - Identify when consent has been given, not given or withdrawn	After the lesson, I think...
Before the lesson, I knew...		After the lesson, I know...
Before the lesson, I believed...		After the lesson, I believe...