Lesson 1: Penis pressure

Before the lesson	Intended learning outcomes	After the lesson
• Before the lesson, I thought…	We will be able to: • Describe features of penile health and the hygiene practices that support this	• After the lesson, I think…
• Before the lesson, I knew…	• Describe or demonstrate safe use of a condom • Analyse why someone may experience 'performance pressure' and explain how this may affect them	• After the lesson, I know…
• Before the lesson, I believed…		• After the lesson, I believe…

Lesson 2: Vulval vexations

Before the lesson	Intended learning outcomes	After the lesson
• Before the lesson, I thought…	We will be able to: • Explain the difference between the vulva and vagina • Describe the normal variations of vulvas	• After the lesson, I think…
• Before the lesson, I knew…	• Describe vaginal discharge • Describe the pressures that a person might experience to alter the appearance of the vulva through hair removal • Explain when a person may need to seek support about vulval health	• After the lesson, I know…
• Before the lesson, I believed…		• After the lesson, I believe…

Lesson 3: Period dramas

Before the lesson	Intended learning outcomes	After the lesson
• Before the lesson, I thought… • Before the lesson, I knew… • Before the lesson, I believed…	We will be able to: • Explain what a period is • Evaluate a range of factors that affect choices about which menstrual products a person might choose to use	• After the lesson, I think… • After the lesson, I know… • After the lesson, I believe…

Lesson 4: Sexual health check

Before the lesson	Intended learning outcomes	After the lesson
• Before the lesson, I thought…	We will be able to: • Describe what happens during a check-up at a sexual health clinic • Know when it is advisable to get a check	• After the lesson, I think…
• Before the lesson, I knew…	• Name some common STIs that are tested for in a sexual health check and describe how these STIs are checked for • Describe how some STIs are treated, including HIV	• After the lesson, I know…
• Before the lesson, I believed…		• After the lesson, I believe…

Lesson 5: Consent

Before the lesson	Intended learning outcomes	After the lesson
• Before the lesson, I thought…	We will be able to: • Explain what sexual consent is • Identify when consent has been given, not given or withdrawn	• After the lesson, I think…
• Before the lesson, I knew…		• After the lesson, I know…
• Before the lesson, I believed…		• After the lesson, I believe…