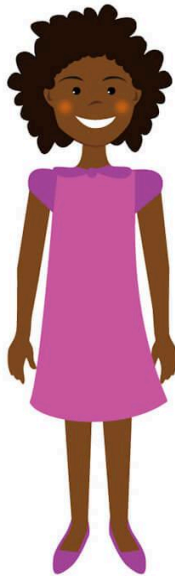




- Who do you feel comfortable going to for help?
- On each finger, stick the word or pictures that show who you feel comfortable talking to and asking for help.





childline

ONLINE, ON THE PHONE,
ANYTIME

childline.org.uk
0800 1111





Mum	Dad	Grandparent
Police	Doctor	Teacher
Older sibling	Childline	(fill in the blank!)