Growing up with Yasmine and Tom



L 50- 60 minutes



Safe learning environment

To support a safe learning environment for this lesson

- Read the *Preparing to deliver Growing up with Yasmine and Tom* section of this resource and consider as appropriate.
- Ensure you are aware of the law as it relates to sharing of images of children: https:// www.gov.uk/government/publications/indecent-images-of-children-guidance-for-youngpeople/indecent-images-of-children-guidance-for-young-people
- Ensure that the discussion does not fall into stereotypes about girls being obsessed by their looks.



Resources required

- Interactive whiteboard resource: Online Safety: Sending pictures.
- Worksheet S: Online safety advice for Yasmine cards to sort.

Aim of lesson

• To develop pupil understanding of the risks of sharing images of themselves and their bodies online.



Learning outcomes

- I can explain why posting pictures online could be risky.
- I can explain the law about sharing pictures of a child's personal and private body parts.
- I can describe how to help a friend who has made a 'mistake' online.



Key questions

- What is safe to share online?
- What are the risks of posting photos of myself online?



Differentiation

• This lesson is whole class and group discussion and so adjustments may need to be made for those who struggle with discussion. It may support some pupils to ask them to order the 'Advice for Yasmine' cards in order of what they think is the best advice.





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Introduction to lesson and baseline assessment

- 1. Remind pupils of the *ground rules* they did together.
- 2. Ask pupils to consider and on a piece of paper answer the following: how old does someone need to be to have a social media account? 13 for Facebook and most other social media sites. Ask them if they can explain why this rule is in place? (i.e. to keep young people safe.)
- 3. What else do they know about keeping safe online? Take feedback from the class, you can use this discussion to identify what needs to be revisited and built on in this lesson.



Activities

- 4. Show the interactive whiteboard activity. The animation is Yasmine taking photos of herself with a mobile phone and putting them online. She takes one in which she is pouting and looking grown up. Pause the animation just before Yasmine uploads the picture and ask the class:
 - a. why do you think Yasmine has made the choice to upload this picture of her looking very grown up? Is she chasing 'likes'? Is this a good thing to do?
 - b. what are the possible risks of what Yasmine is about to do?

c. if we were with Yasmine what might we be saying to



- her? 5. Show the next part of the animation and ask for pupils to explain what is happening as the pictures multiply.
- 6. Remind the class that we all make mistakes but ask them for their advice on how they would support Yasmine after she has done this. Put pupils into groups to come up with their best advice for Yasmine. Give some or all groups the 'Advice for Yasmine' cards to order, including some blank ones for their own ideas. In the feedback identify together what her best next steps are.

The teacher could:

- a. remind about the on and offline friendship lesson and the ideas for if something goes wrong online.
- b. explain that adults may be able to help to make the picture as private as possible or get it removed, even though it would still be out there.
- c. reinforce that there would be no good reason for anyone saying unkind things about the picture or Yasmine making a mistake in posting it; i.e. bullying her because of this picture.
- 7. Explain that sometimes children and young people send images of the personal and private parts of their bodies, or bully others into sending them pictures of these body parts.
 - a. Is this ok?
 - b. Why is this risky behaviour?
 - c. Why is sharing images of the personal and private parts of their bodies unsafe?









Activities (continued)

d. What is the language we could use if someone asked us to send them a picture of our personal and private body parts? This will repeat skills they have been developing in the safe and unsafe touch and secrets lesson.

Explain the law and posting images online: it is against the law for children (under 18) to send or post naked pictures of themselves or others, even if the other person agrees to it.

8. End with reminders that if you are worried about someone or need to ask some questions about staying safe online talk to someone you trust. Remind pupils of who these people might be.



Plenary and endpoint assessment

• Ask pupils to work on their own and make two lists. One list of things **it is safe to do online** and another list of things **it is not safe to do online**. As a class, share some ideas. These can be collected in and knowledge and understanding assessed.



Embedding learning

• Learning can be further embedded by further online safety lessons.

Additional resources to support learning

• If issues around body image or trying to 'look good' online have come up during the lesson, you may want to follow this lesson with a lesson about how online images are often altered.

