SUPPORING PEOPLE ... IN THEIR LIVES ... IN THEIR WORK
Contents

Foreword ................................................................. 3

Overview of 2006 ......................................................... 4

Campaigns, events and country reports .................... 5

Working with parents, carers and professionals through Speakeasy .................................................. 9

fpa training .................................................................. 12

Working with young people and communities .......... 13

www.fpa.org.uk – fpa’s new website .............................. 16

Information services and fpa’s helpline ...................... 17

At your service – how can we help you? .................... 19

Accountability ............................................................... 21

Thanks to .................................................................... 22

Love Sex Life
our new booklet for young people aged 16 and over.
This has been an exceptionally busy year for fpa. We were accredited by the International Planned Parenthood Federation (IPPF), moved our London offices, extended our innovative project work and strengthened our executive committee to include the voices of young people.

As an associate member of IPPF, we are subject to a comprehensive accreditation process every five years. Following a rigorous assessment, the IPPF team has recommended that fpa receives full accreditation and has also commended us on our high standards of work.

fpa will benefit both practically and financially from our move to improved modern offices on the edge of the city of London. The move was made easier through the generous pro-bono legal advice provided by Freshfields.

Our pioneering work with parents and young people continues to go from strength to strength. In 2006 we extended our Speakeasy programme to run in Wales and through a successful funding application to the Big Lottery Fund we are able to launch Sexability, a new programme for young people, in Scotland.

Finally, I would like to say how pleased I am to welcome Laura Sadler and Tamara Kubba to the National Executive Committee. Their contribution and perspective will help to ensure that young people’s views are at the centre of fpa planning and strategic direction. I would also like to welcome the former CEO of Schering Healthcare Ltd, Paul Woodward, and Carol O’Bryan, to the board and say goodbye and thank you to several National Executive Committee members who have completed their term – Janet Morgan, Shirley Fraser, Dr Charlotte Fleming and Pam Donellan have been generous with both their time and expertise.

The year ahead is a challenge. Funding is always difficult to obtain and budgets are often restricted, yet the need for sexual health services such as ours has never been greater.

As Chair of fpa I will do all I can to work towards our mission of enabling people in the UK to make informed choices about sex and their sexual health.
Sexual health enjoys a high public profile. This year there have been new strategies and many promises of investment. However, despite the £300 million allocated to sexual health, these services have remained desperately underfunded and there is deep concern over cuts to community contraceptive clinics.

fpa put some tough questions about funding cuts to Caroline Flint MP, Minister for Public Health, at the Labour Party Conference in September. At the Liberal Democrats and Conservative conferences, partnering with UNISON and the National Obesity Forum, we held fringes entitled ‘The best year ever’? Your local NHS – is the money getting through?

Abortion remains a contentious issue. After a successful legal case in 2004, the Department of Health, Social Services and Public Safety in Northern Ireland has finally issued a consultation document for health professionals clarifying the circumstances under which abortions can take place. Most women in Northern Ireland needing an abortion continue to travel to England and Europe to pay for the procedure.

This year fpa has also been actively defending the legal time limit and a woman’s right to an abortion. This looks set to carry on throughout 2007, which also sees the 40th anniversary of the Abortion Act.

We constantly review our procedures to ensure we have robust systems to maintain our high standards of work. More accredited courses than ever before are available through our training programme. New work in Northern Ireland with young people from the travelling community began, and Speakeasy has extended its work internationally and with faith groups in this country.

One achievement this year I am especially proud of is the launch of Love Sex Life – our new booklet for young people aged 16 and over. This is the age during which most young people become sexually active, but there are very few sex and relationships resources available for them. We have now filled this gap so that this group has the information and support they need.

It was a great honour to represent fpa and attend a seminar on social exclusion hosted by the Prime Minister at Chequers in 2006. Specially invited senior representatives from both the Government and the voluntary sector discussed current policy and thinking.

Internationally, fpa is considered one of the pioneering sexual health organisations. At the end of 2006 I accepted an invitation to give evidence to a parliamentary hearing in New Zealand on teenage pregnancy.

Plans for fpa for 2007:
- Continue to develop our specialist support to professionals working in sexual health.
- Expand our innovative work with young people through our community education projects.
- Provide continued expertise to the general public needing advice and information.
Campaigns, events and country reports

Raising awareness of sexual health throughout the UK

Campaigns

Sex and relationships education (SRE) as a statutory subject
As a member of the Sex Education Forum, fpa has been campaigning, alongside 50 other members, to make SRE a statutory subject in all schools, as part of Personal Social and Health Education (PSHE). Although unsuccessful so far, extensive lobbying to amend the Education and Inspections Bill has raised the profile of this issue and driven it up the political agenda.

Contraceptive Awareness Week
13–17 February 2006
This year fpa profiled long-acting reversible methods of contraception (the intrauterine device (IUD), intrauterine system (IUS), contraceptive implant and contraceptive injection). A survey of our helpline callers showed that women have little or no knowledge about these methods. We sent our popular posters and postcards and other campaign materials to health professionals throughout the country.

Contraceptive Awareness Week had a national media reach of 38 million people.
Sexual Health Week

7–13 August 2006

Men come in all shapes and sizes and so do condoms! According to our poll for Sexual Health Week, 25 per cent of respondents did not know condoms come in different lengths and widths. Incorrectly fitting condoms are more likely to split or come off. fpa called for a greater variety of shapes and sizes to be made available from the NHS.

Events

House of Lords reception

Our annual summer reception at the House of Lords provides an opportunity to network with parliamentarians, professionals and key supporters of fpa. Hilary Armstrong MP, Minister for the Cabinet Office, attended and spoke passionately about her commitment to tackling teenage pregnancy and social exclusion.

fpa’s Rosemary Goodchild Award for journalism was presented to Anna Hodgekiss of Chemist & Druggist magazine. Her article, Sexual Revolution, was described by the judges as interesting, comprehensive and extremely well targeted.

Anne Weyman presents Anna Hodgekiss with the Rosemary Goodchild Award
Country reports

Northern Ireland

The culmination of three years’ work saw the launch at Stormont of a groundbreaking new report, *Out of the shadows*. Completed in partnership with the University of Ulster, *Out of the shadows* profiles the feelings, knowledge and experiences of people with learning disabilities regarding sex, sexuality and relationships. A new project – Just Ask! – has also been launched to empower people with learning disabilities to express their sexuality and to form relationships.

Despite protests by an anti-choice group outside fpa’s premises in Northern Ireland, women of all ages continue to use our unplanned pregnancy counselling service. This important support service will continue unabated in 2007.

CONTACT: markb@fpa.org.uk for more information about Just Ask!

Plans for fpa in Northern Ireland for 2007:

► Continue to lobby for equal access to abortion services.
► Launch *Multiple choices*, an educational DVD about unplanned pregnancy.
► Develop a CD-Rom on sex and relationships for people with learning disabilities.

Scotland

fpa has been supporting the roll-out of the Scottish Parliament’s *Strategy and action plan for improving sexual health*, by assisting NHS Boards to write their regional strategies, and helping to develop training priorities for Scotland’s sexual health workforce.

fpa’s popular Aw’right Project, which aimed to improve the sexual health of young men and provided training for professionals working with young men, concluded in 2006. The results of three years’ work have been summarised in a handbook – *The boys are aw’right: young men and sexual health*. This resource will provide continuing support to professionals wishing to improve their sexual health work with young men.

Towards the end of the year, we successfully applied to the Big Lottery Fund for a grant to run fpa’s first Sexability course in Scotland. Sexability is a pioneering sex and relationships programme for young people aged 12–18. We hope that the success of Sexability in Scotland will lead the way to further courses being available throughout Britain.

CONTACT: lyndar@fpa.org.uk for more information about Sexability in Scotland.

Plans for fpa in Scotland for 2007:

► Roll-out Sexability project.
► Develop Speakeasy work with parents.
► Establish a project working with homeless young people.
Wales

fpa successfully bid for the running of the All Wales Sexual Health Network. Along with the Wales Centre for Health, fpa is responsible for keeping professionals in Wales informed and up to date with the latest developments in sexual health.

This involves managing a database of 800 members, writing and issuing the Network’s quarterly newsletter, *InterSEXion*, and organising two national conferences a year. The most recent conference was in November 2006 where professionals met to discuss the latest child protection guidance.

**Plans for fpa in Wales for 2007:**

- Run the All Wales Sexual Health Network with the Welsh Centre for Health, on behalf of the Welsh Assembly Government.
- Translate *Chlamydia* and *Your sexual health: where to go for help and advice* leaflets into Welsh.
Speakeasy is a course for parents and carers who want the skills and information to talk to their children about sex and relationships. Speakeasy also trains professionals to run courses.

Working with parents not only embeds good sexual health knowledge in the home, it also improves communication within the family.

Speakeasy has enjoyed its most successful year to date. fpa has received major grants from the Department for Education and Skills, and the Parenting Fund, and for the first time courses are now running in Wales. This year we also launched exciting new resources – the Parents’ pack and a new DVD.

With the recruitment of Assistant Manager, Paul Casey, we can continue developing the high quality of our moderation procedures. This ensures consistency in marking parents’ work for accreditation through the Open College Network. It also provides additional checking and support to external professionals running Speakeasy.

Speakeasy is also taking care to include parents whose first language is not English, with the use of translators. Turkish and Somalian parents are just two of the communities we have reached in this way. The integration of Speakeasy within the Latin American community in parts of South London has been hugely successful – with parents now becoming peer educators.

We have also spread our wings internationally. fpa staff trained health workers from Russia, Albania, Lithuania and Bosnia Herzegovina to deliver the Speakeasy parents’ course in their home countries. Feedback from the parents was extremely positive and there are plans to develop Speakeasy further in Eastern Europe.

In November 2006, Project Manager David Kesterton gave a Speakeasy presentation to a World Health Organization conference, covering 26 European countries, in Cologne. A number of other countries are approaching us with an interest in running Speakeasy, so 2007 should see some very exciting developments.

CONTACT: speakeasy@fpa.org.uk or tel 020 7608 5243 for more information on Speakeasy.

This year:

▶ 1, 500 parents now have the skills to talk to their children about sex and relationships through fpa.
▶ 460 professionals have finished accredited training, which means they can run Speakeasy courses for parents in their area.
▶ 360 parents have been trained by these professionals already.
Abortion is a difficult subject, and before doing Speakeasy I probably would’ve just brushed it under the carpet, and avoided telling my son.

(Parent on Speakeasy course)

Working with Muslim parents

Project Officer Shabina Sadiq talks about working with Muslim parents in Tyneside:

“Most of the parents I work with in Speakeasy are Muslims. The same as any parent who comes along to the session, Muslim parents want to learn how to talk about sex and relationships without it being embarrassing.

Muslim parents go through the same experiences as other parents attending Speakeasy, but there are a few cultural differences. For example, many Muslim parents come from a tradition where sex and relationships isn’t discussed at all. Therefore, they may not know enough, or religious and cultural pressures mean that it is only talked about between husband and wife and never with other family members.

Similar to other women, Muslim mothers can feel uncomfortable discussing things such as masturbation and erections with their sons. To make Speakeasy relevant to their needs we deliver information in a way that means women can pass their knowledge on to the fathers who will have these discussions instead.

Sex and relationships isn’t just a difficult area for parents. Muslim professionals may live and work in the communities where they deliver services. Consequently, they may also find intimate discussions about sex and relationships uncomfortable.

To help overcome this, Speakeasy encourages professionals to address parents’ fears about sex and relationships informally without overwhelming parents with explicit language. This allows professionals to tackle the issues head on while avoiding personal conversations that could become difficult.”
Speakeasy in Wales

Helen Jones, Speakeasy Project Officer, Cardiff, talks about her work:

“Speakeasy in Wales only started in June 2006 but it is gathering momentum and popularity as word spreads. Parents say how much they have enjoyed the course and the positive changes in their knowledge and confidence. We've been working with a variety of different parents, from black and minority ethnic groups in community centres, to young mothers at college. In 2007 we'll start training professionals outside fpa in Wales to run Speakeasy too.”

“ You know, my daughter started asking why hasn’t she got a boyfriend, because all her friends have. I think it’s good she can talk to me about how she feels. After Speakeasy I think I know more about how to answer her and make her feel better.”

[Parent on Speakeasy course]

Plans for Speakeasy for 2007:

► 3,000 more parents to benefit from Speakeasy courses through more training for professionals.

► Integrate Speakeasy into strategic planning for children’s services in England.

► Set up new support networks to retain the quality of Speakeasy and its facilitators.
fpa training

Every professional attending an fpa training course receives expert information and innovative practice from experienced professionals.

This year the Training Department has reviewed and redesigned fpa’s training programme.

Every course – from the one-day Introduction to Sexually Transmitted Infections to the development of a new nine-day Training the Trainers course – has been updated and improved.

In 2006:

- Over 800 professionals in England alone trained by fpa.
- 63 courses were run for specific organisations.
- 31 fpa trainers operated across England, Scotland and Wales.

fpa is unique in offering a range of university accredited sexual health training courses. We have courses accredited with Greenwich University and Staffordshire University, with plans for even more to achieve university accreditation. Accreditation provides real benefits for participants working towards degree level qualifications or those who want to use training for further professional development.

“All fpa associate trainers are assessed against our Training the Trainers: Sexual Health Teaching and Learning Practice course so that their teaching is of the highest standard.”

(Claire Fanstone, Training Manager)

Professionals can find out more about fpa’s new and established courses by downloading the training brochure from our new website. Go to www.fpa.org.uk/training for more details.

CONTACT: clairef@fpa.org.uk for more information on fpa training.

Plans for fpa training for 2007:

- Launch fpa’s new training brochure (with brand new courses).
- Expand and develop the university accreditation programme in line with the needs of professionals.

Coming soon

Another unique fpa training opportunity for professionals is the Core competencies in Sexual Health for Youth Workers – fpa’s flagship course for 2007. This seven day university accredited course is for any professional working with young people. Developed in association with the National Youth Agency (NYA) it ensures all participants reach the standard required for excellence in working in this field.
fpa works in partnership with many different voluntary and statutory organisations. Sharing expertise and linking into local networks creates unique opportunities to target vulnerable young people. It also means we can offer our specialist knowledge in sexual health to other professionals working in homelessness or other areas of social exclusion.

We would like to thank all our funders who make fpa’s projects possible. Difficult decisions about whether to fund more projects with less money, or fewer projects with more money, are made in a challenging funding environment. Therefore, offering innovative practice and excellent value for money is essential in all fpa project work.

Training professionals working outside fpa is key to all our project work. It ensures that the project is sustainable and work can continue locally.

In 2006 we continued our important work in improving the sexual health of young people, and training professionals who work with them. fpa’s latest project – The Wize Boy Project, started in London in Spring 2006.

**Plans for working with young people for 2007:**

- Work with homeless young people in England.
- Launch a brand new project for people with learning disabilities (based on our popular Talking Together series).
- Expand the Sexability course for young people into England.

**The Wize Boy Project**

**For young men aged under 25 in the London Borough of Greenwich**

The Wize Boy project targets young men and trains professionals working with them in places such as schools, further education and youth offending teams. Improving levels of sexual health not only relies on delivering quality information but also developing young men’s self-esteem and confidence.

**CONTACT:** adrianb@fpa.org.uk for more information about The Wize Boy project.
Ruby

R U Being Yourself – an SRE programme for young women in Merthyr Tydfil, Wales

Project Officer Maria Prosser says:
“Awareness of sexual health issues, confidence and self-esteem of young women in Merthyr who’ve attended Ruby have dramatically improved as a direct result of the course.”

Choices

An SRE programme for young women in Northern Ireland

Project Officer Roisin Flanagan explains about Choices, fpa’s personal development and sexual health programme for young women in Northern Ireland, including those from the travelling community:
“The travelling community is traditionally a difficult group to reach. So Choices has been working strategically towards bettering their levels of sexual health, confidence and self-esteem.
By introducing elements of Choices through a series of workshops for the older women (mothers and grandmothers) we have gained trust and confidence with younger women. As a result, two full Choices programmes have been organised for 2007, catering for women as young as 12 and reaching others aged 16–18 years.
Because they now know what is involved, the older women are very happy that fpa run workshops for their young women.”

CONTACT: roisinfl@fpa.org.uk for more information about Choices.

Check it out

Working with homeless young people in Northern Ireland

The 40th anniversary of the groundbreaking film Cathy Come Home, which inspired work with the homeless, was marked in 2006. fpa’s Check it out project continues to work with this vulnerable group of people, improving their sexual health and life skills.

CONTACT: georgiaw@fpa.org.uk for more information on Check it out.

Jiwsi

Focusing on vulnerable young people aged 12–25 in North Wales, including looked after children, children with disabilities, excluded young people and young offenders

Mel Gadd, Project Co-ordinator for Jiwsi, describes this year’s successes:
“Jiwsi goes from strength to strength, with young people attending groupwork sessions in some of the remotest parts of Wales. As well as training professionals the Jiwsi Network offers continuing support to professionals undertaking sex and relationships work in North Wales through
regular meetings, workshops, events and an email information service.

We’ve also developed an innovative bilingual (Welsh and English) resource book with easy-to-photocopy activities. These can be adapted for participants with different abilities, such as young people with learning disabilities or young people who have difficulty reading or writing.”

CONTACT: sandrap@fpa.org.uk or josephh@fpa.org.uk for more information on Jiwsi.

“ I thought I knew about sex and stuff but doing Jiwsi it was amazing there was loads I didn’t know. The courses were a good laugh too.

(Young person on Jiwsi course)

“ Nobody’s ever talked to me about condoms and sex as my mam is too embarrassed and we don’t get it in my school.”

(Young person on Jiwsi course)

▶ 668 young people attended JIWSI in 2006.
▶ Almost 50 professionals supported through the JIWSI network.

Lambeth Project

For minority ethnic women aged 16 and over living in the London Borough of Lambeth

fpa now runs workshops for women, including refugees and asylum seekers, in this diverse London Borough.

Project Worker Pat Grey says, “The project is essentially about giving free, accurate sexual health information in a safe, culturally sensitive and non-threatening setting. This means that clients can make informed decisions about a variety of sexual health issues in the context of their own faith and culture.”

CONTACT: patg@fpa.org.uk for more information on the Lambeth Project.
www.fpa.org.uk

fpa’s new website – visit regularly to stay in touch

If you haven’t visited already, take a look at fpa’s new look website www.fpa.org.uk.

The site has been completely redesigned to provide a user-friendly guide to sexual health and the work of fpa. We’ve kept the most popular elements of the site, such as the Find a clinic search facility, and we’ve introduced some great features including:

- A search button so you can go straight to the information you want.
- A new Don’t panic and Frequently asked questions section.
- Easy access to information about contraception, abortion and sexually transmitted infections, providing a comprehensive resource for anyone wanting to know more about sexual health.
- A new sexual and reproductive health update.

- A redesigned shop that offers a great way to find out more about our complete range of publications and resources. Visit the shop regularly to keep up to date with our new products as soon as they come out.
- Details about the latest courses on offer from fpa training.
- New sections which highlight the specific work we are doing in Northern Ireland, Scotland and Wales, as well as across the UK.
- Easy to access information about our campaigns.
Information services and fpa’s helpline

The hub of advice and information

Information

fpa’s Information Department is not only home to our national helpline, it also houses the library and provides a key source of expertise on sexual health. Information activities are integral to all areas of fpa work, whether in the context of enquiry services, publications, research, policy, training resources or press work.

Information on fpa’s website and our comprehensive sexual health leaflet range is the result of collaboration between the Information and Communication Departments.

During 2006, all the sexually transmitted information leaflets were updated and two new leaflets were added to the range – Non-specific urethritis and Your sexual health: where to go for help and advice. In 2007 we will continue to update the contraceptive leaflet series and our abortion leaflet, and launch two new leaflets.

The Information Department works collaboratively with sexual health professionals and organisations outside fpa. Adapting the World Health Organization Eligibility criteria for contraceptive use for the UK (distributed to general practices and sexual health services in the UK) is one example. This collaboration helps improve information for professionals running services. Additionally, by providing specialist expertise to professional bodies we also help support the men and women using these services.

- The national helpline answered 54,819 calls.
- Northern Ireland answered 6,000 calls.
- Scotland answered over 3,000 calls.
- The library handled almost 600 enquiries.

fpa’s helpline

In 2006, fpa answered over 60,000 calls about sexual health from women and men all over the UK. Having the Telephone Helpline Quality Mark assures our callers that they receive the very best confidential advice and support.

Enquiries come from women and men of all ages, cultures and backgrounds. They vary from wanting local clinic details to advice on contraceptive methods and sexually transmitted infections. We also answer questions around planned pregnancy, conception, general fertility and unplanned pregnancy, and support those needing help and advice about pregnancy choices and abortion. fpa helplines in Northern Ireland and Scotland provide more localised support and advice.
Plans for 2007:
- Launch two new titles in the leaflet range.
- Support external professionals and organisations.

**fpa helplines**

UK helpline 0845 122 8690
9am to 6pm Monday to Friday

Northern Ireland helpline 028 90 325 488
9am to 5pm Monday to Thursday
9am to 4.30pm Friday

Scotland helpline 0845 122 8691
9am to 6pm Monday to Friday

**Helpline profile**

Joan is one of fpa’s longest serving Helpline Information Officers. A trained family planning nurse, midwife and counsellor, she started answering enquiries in 1996. Here she looks back over the last ten years.

“When I first started there were lots of different calls coming in on a variety of different subjects, such as the menopause, infertility and of course lots about contraception. Ten years ago there just weren’t as many helplines in existence, so we picked up calls from people who simply didn’t have anywhere else to go.

Since then fpa’s helpline has also changed. We have expanded over the years from being primarily about contraception and pregnancy to covering everything to do with sexual health. As people seek our specialist expertise, calls to fpa have become more complicated. It’s also nice that I regularly talk to men ringing about their own health issues now and they’re not just calling on behalf of a partner as well.

It is challenging working on the helpline because you don’t know what type of call you are going to get next. You only have one chance on the phone with that person. The skill is getting people to talk openly and tell you everything that’s relevant so that you can give them the best help you can. I do wonder sometimes what happens to the caller when I put the phone down, but as a professional you get used to dealing with that.”

How does she feel when she gets home after a day of advising people on the helpline?

“I do avoid long phone calls at home now, especially on a Friday after a busy week,” she laughs. “I’d much rather sit down and write someone a letter!”

**The living (and moving) word**

Librarian Margaret McGovern reflects on moving fpa’s renowned sexual health library.

“During two (of the hottest) weeks in June, not only were fpa staff moved but the contents of fpa’s library were swallowed up by 106 bright orange crates. Over 2,000 books and reports and 87 journal titles safely made the transition. With the help of colleagues, and some planning of military precision, they all made it back onto the shelves safely and in record time.

Moving a library comes fairly low on any librarian’s list of favourite jobs but, looking around me now, it was well worth the upheaval.”
At your service — how can we help you?

Getting the right information to the right people at the right time

Reaching health professionals and the public

We’ve found that the most effective way to distribute our contraception and abortion leaflets to health professionals is to send them directly to each Health Promotion Unit (HPU) in England. Since 2006 we have been able to send all our sexually transmitted infection leaflets to HPUs and directly to all genitourinary medicine (GUM) clinics in England too.

More than eight million leaflets on contraception, sexually transmitted infections and abortion were sent to health professionals in England in 2006.

Ordering publications

You can order publications from:

- The dedicated sales line open 9am–5pm Monday to Friday – 0845 122 8600
- fpa’s online shop at www.fpa.org.uk
- the downloadable fpa Publications and resources catalogue 2007.
fpa membership
2006 saw our membership network grow as more people relied on us to keep them up to date with all the latest news on sexual health and fpa. There are three membership packages to choose from – Individual; School, including universities, colleges, Connexions and youth organisations; and Organisation.

You’ll receive:
- our quarterly newsletters – In brief and Sex talk, free of charge
- a complete set of our contraceptive and sexually transmitted infections leaflets
- a copy of all of our best selling young people’s booklets
- a compete set of all of our factsheets.

Members also receive a range of discounts on:
- all fpa publications
- open training courses.

CONTACT: membership@fpa.org.uk for more information on membership.

fpa benefactors
By setting up a regular payment of £10 a month or more, you could become a benefactor. We will keep you updated about our work, send you copies of our new publications and invite you to special events throughout the year.

Donations to fpa
Over the year we have received a number of one-off donations. Thank you to everyone who has generously supported fpa.

CONTACT: paulf@fpa.org.uk for details of how you can support one of the UK’s leading sexual health organisations.

- 492 members of fpa.
- 195 subscribers to In brief.
## Accountability

### The Family Planning Association

Statement of financial activities including an Income and expenditure statement
For the year ended 31 March 2006

<table>
<thead>
<tr>
<th>INCOME AND EXPENDITURE</th>
<th>2006 Unrestricted funds £</th>
<th></th>
<th>2005 Unrestricted funds £ (restated)</th>
<th></th>
<th>2006 Restricted funds £</th>
<th></th>
<th>2005 Restricted funds £ (restated)</th>
<th></th>
<th>2006 Total £</th>
<th></th>
<th>2005 Total £ (restated)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Incoming resources</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Incoming resources from generated funds:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Voluntary income</td>
<td>118,453</td>
<td>68,256</td>
<td>118,453</td>
<td>68,256</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Activities for generating funds</td>
<td>92,245</td>
<td>67,522</td>
<td>92,245</td>
<td>67,522</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Investment income</td>
<td>241,902</td>
<td>214,122</td>
<td>1,117</td>
<td>1,570</td>
<td>243,019</td>
<td>215,692</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>452,600</td>
<td>349,900</td>
<td>1,117</td>
<td>1,570</td>
<td>453,717</td>
<td>351,470</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Incoming resources from charitable activities</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants, projects and contracts</td>
<td>321,575</td>
<td>238,616</td>
<td>2,015,441</td>
<td>1,640,134</td>
<td>2,337,016</td>
<td>1,878,750</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Publication and training income</td>
<td>1,138,885</td>
<td>1,222,133</td>
<td></td>
<td></td>
<td>1,138,885</td>
<td>1,222,133</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total incoming resources</strong></td>
<td>1,913,060</td>
<td>1,810,649</td>
<td>2,016,558</td>
<td>1,641,704</td>
<td>3,929,618</td>
<td>3,452,353</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Resources expended</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost of generating funds</td>
<td>50,125</td>
<td>14,736</td>
<td>50,125</td>
<td>14,736</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Charitable expenditure</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants, projects and contracts</td>
<td>321,575</td>
<td>238,616</td>
<td>1,943,231</td>
<td>1,878,764</td>
<td>2,264,806</td>
<td>2,117,380</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Publication and training costs</td>
<td>1,541,292</td>
<td>1,678,713</td>
<td></td>
<td></td>
<td>1,541,292</td>
<td>1,678,713</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Governance costs</td>
<td>79,046</td>
<td>55,419</td>
<td>79,046</td>
<td>55,419</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total resources expended</strong></td>
<td>1,992,038</td>
<td>1,987,484</td>
<td>1,943,231</td>
<td>1,878,764</td>
<td>3,935,269</td>
<td>3,866,248</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net (outgoing)/incoming resources</strong></td>
<td>[78,978]</td>
<td>[176,835]</td>
<td>73,327</td>
<td>[237,060]</td>
<td>[5,651]</td>
<td>[413,895]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>before other recognised gains</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recognised actuarial gain</td>
<td>160,000</td>
<td>13,000</td>
<td></td>
<td></td>
<td>160,000</td>
<td>13,000</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>on pension scheme</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net movement in funds</strong></td>
<td>81,022</td>
<td>[163,835]</td>
<td>73,327</td>
<td>[237,060]</td>
<td>154,349</td>
<td>[400,895]</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A copy of the Family Planning Association’s full audited accounts is available from the registered office.
Thanks to...

President
Baroness Gould of Potternewton

Vice Presidents
Jacqui Lait MP
Joan Ruddock MP
Baroness Tonge of Kew

Patrons
Lord Alli of Norbury
Sandra Chalmers
Gaynor Churchward
Dr June Crown
Minnie Driver
Baroness Flather of Windsor and Maidenhead
Lady Goodhart
Baroness Greengross of Notting Hill Gate

Benefactors
Dr Sheila Adam
Ms Gillian Black
Ms Claire Bull
Ms Sanna Burns

National Executive Committee

Chair
Ian Plaistowe

Vice Chair
Daniela Winkler

Members
David Aaronovitch
Pam Donnellan
Dr Charlotte Flemming
Shirley Fraser
Adwoa Kluvitse
Tamara Kubba
Janet Morgan
Carol O’Bryan
Dame Denise Platt
Laura Sadler

Benefactors
Dr Elaine Cooper
Mr Michael Cox
Dr Margaret Curtis
Dr David Delvin
Professor Sir Roy Goode
Professor John Guillebaud
Dr Amanda Herbert
Mr Anthony Herbert
Mrs Juliet Hillier
Dr Catherine Hood
Mr Francois Hugo
James and Lucilla Joll
Dr Rosemary Kirkman
Mr Robert Macleod
Dr Diana Mansour
Baroness Delyth Morgan
Lord Richard Newby
Dr David Paintin
Mr David Parkinson
HH Judge Valerie Pearlman
Juliet Peel
Ms Mary Reilly
Mr and Mrs Robinson
Professor Wendy Savage
Mr Michael Sayers
Ms Louise Sibley
Ms Sarah Wootton

**Key funders and sponsors**

Big Lottery Fund
Bridge House Trust
City Parochial
Corporation of London
Dept for Education and Skills
Dept of Health
Dept of Health Social Services and Public Safety
Durbin PLC
Eastern Health and Social Services Board
The Ernest Kleinwort Charitable Trust
EUK Consulting Ltd
Exelgyn Healthcare Ltd
FP Sales Ltd
Freshfields
Future Network Support Ltd
G W Cadbury Charitable trust
Glaxo Smithkline UK Ltd
Greenwich Teenage Pregnancy Strategy
Lord and Lady Goodhart
Health Promotion Agency for Northern Ireland
Lyndhurst Settlement
Mates Healthcare Ltd
National Assembly for Wales
Neighbourhood renewal funding through Lambeth PCT
Teenage Pregnancy Unit
Newnorth Print Ltd
NHS Health Scotland
North Wales Health Authority
The Northern Health and Social Services Board
Organon Laboratories Ltd
Sanofi Pasteur
Schering Healthcare Ltd
The Scottish Executive
The Southern Health and Social Services Board
SSL International PLC (Durex)
TUUT Charitable Trust
The Western Health and Social Services Board
Williams Medical Supplies PLC

*A sketch of Anne Weyman, OBE at the Labour Party Conference*
The Family Planning Association is a registered charity, number 250187, and a limited liability company registered in England, number 887632.

With thanks to McCorquodale for their donation which helped with the printing of this Annual Report.

Photo on page 4 © Tim Hebditch
Photos on pages 10 and 11 from www.johnbirdsall.co.uk
Photo on page 15 © Simon Turtle
Library photos posed by models